

LIGHTBRINGER REIKI

instructions

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ABOUT LIGHTBRINGER REIKI

This energy was brought in with an imperative to get it out to as many people are possible. At certain times in the earth's history, dark energies overtake the light and the planet can devolve into a negative evolutionary spiral. This can also happen to specific cultures and areas of the planet. The European Dark Ages is one example of a period of darkness that lasted for a thousand years and was finally broken by the Renaissance.

We are currently at a point in history where we have an opportunity to move forward or get stuck in a second, worldwide "Dark Ages." This is not about dire predictions of the world ending in 2012, but rather about a period of challenges that could end up bringing many needed changes to our planet if enough positive energy is brought in.

Unfortunately, many negative energies are surrounding the planet right now. Powerful politicians and "big money" power players have been manipulating the seats of power in order to bring about their personal agendas, which do not have the interests of the people in mind.

Contrary to marketing hype pushing particular politicians as the harbingers of "hope" and "change," it is not through politicians that we will create the positive changes we seek. Regardless as to their sincerity (or lack thereof), the world of politics right now is too low vibration to affect any true positive change, and the trappings of power are too seductive for most average people to work in without losing their integrity and spiritual natures.

As such, it is critically important right now that lightworkers and healers do the work of helping veer the planet away from the precipice of global war, resource wars, fascism, and financial tyranny created by power players whose main interest is in manipulating markets to create profits for themselves while destroying the lives of the poor and middle class.

Lightbringer Reiki has been brought in to clear away the negative vibrations surrounding the planet right now. Right now the layer of negative energy around the planet is very thick and it makes it difficult for people to connect to the light. It's as if it is a cloudy day - you can't see the sunshine, but if you flew above the clouds in an airplane, you'd see the shine is shining as always.

It is during this time of fog and cloudiness that people can become confused and turn to celebrity gurus, false prophets, shiny images, and slick marketing because these things appear to them as the light. Please understand that especially right now we should not turn to politicians or celebrity worship for our answers. They may be well-meaning, but to put trust and faith in them is ultimately disempowering to our own spiritual power that is readily available to us at any time.

Consider this: If you are an American and hear the word “hope” now – what do you instantly associate this word with? If you said “Obama,” then you are one of millions who have been programmed via a very effective marketing campaign to associate a higher value with a man. No matter how well-meaning the man might be, re-writing our basic human values and associating them with a very human man in power is a dangerous trend.

What happens if the politician does not live up to his promise? Does the hope then turn to despair, disillusionment, and disempowerment? And what happens if the politician is insincere or has more sinister motives?

One only needs to look at the dictatorships in the world, past and present, to see how images and messages are manipulated to retain power for the leader at the expense of the people. This is why the Chinese government censors the Internet – they know that information is their enemy and strict control of message and image their friend.

Thus, true “change” (another word that has been co-opted by a political campaign) must come from the bottom up, not the top down. As we connect more with our own inner light and power, we will, to coin a phrase, truly be the change that we seek and not just expect one man to wield his magic wand and fix it for us. That is too much to ask any one human being at any rate.

The good news is that we can avert disaster and heaven is helping us right now to keep the worst from happening. All we need to do is our part by working in our own spot of the world to bring in the light. Part of this includes taking responsibility for our own part in the problem.

Consider the financial meltdown of 2008. The housing bubble wasn't just created by bankers at the top, but by people at all levels. The bankers got greedy and sold loans that weren't really safe. The mortgage brokers got greedy and sold loans to people who couldn't pay them back. The people got greedy by buying houses they couldn't afford with no money down, and hoping that they'd be able to pay the loan when the interest rate reset in the future.

Thus, the greed and shortsightedness was an epidemic, not just among the people at the top, but the people at the bottom too.

However, it's easy to look at our outside culture and see where the problem lies. We're sold shiny cars, beautiful people, and large houses every day on our TV screens. No wonder we've lost our connection with soul.

Lightbringer Reiki helps us reconnect with soul and spirit. It breaks up that negative fog of energy surrounding the planet. It shines a light on what's false and helps us to see truth. It helps bring balance and even out the dangerous pendulum swinging that has been happening in a world of increasing instability.

By connecting with this light, we will be able to create a smoother transition to a future that is more soul-based and less based in commercial messages and materialism.

Every time you use Lightbringer Reiki, you help the entire planet by breaking up the negative energy cloud surrounding it. This energy is extremely easy to use. You can activate it at any time...at work, in the car, wherever. It is meant to be activated often, so please use it and pass it on.

TO ACTIVATE

Lightbringer Reiki utilizes a simple word system to activate the energy. Just say the word and/or visualize the object. You can simply speak the word to yourself to activate it. This is similar to some techniques found in Ho'oponopono. For example, in Ho'oponopono, if you want to clean energy, you can just say "Lightswitch." We will also use this word in Lightbringer Reiki.

"Lightswitch"

Works on general karma clearing and negative energy cleansing.

"Flashlight"

Use an image of a flashlight to shine light in the darkness. Use when you feel you need to shed more "light" on a situation.

"Spotlight"

The spotlight is used to shine the light of truth on a situation. If you are not sure if someone is sincere, then say or visualize "spotlight." Use to assess politicians, teachers, and other people you might put your trust in. If the leader turns out to be a false prophet, the use of "spotlight" will help expose the leader in the highest manner and provide healing for the situation.

"Searchlight"

Use to connect to the lightbringer divine energy that is currently above the planet trying to break through the dark cloud covering the planet. Imagine the searchlight breaking through the clouds and calling light to you like the "bat signal" in Batman.

"Stoplight"

Use when you are being psychically attacked or need to direct negative energy away from you.

Primarily, you will use these energies with yourself on a regular basis, but you can also use them with clients. To use Lightbringer Reiki in a Reiki session, imagine that the palms of your hands have flashlights coming out of them (or have light coming out of them like a flashlight) and send the energy. Easy!

For fun: Dance and sing with "Flash Light" by Parliament to clear energy!

TO ATTUNE

Connect to your higher self, and then the higher self of the recipient. Ask to connect to the Lightbringer Reiki energy. See it as a beam of light coming down from the heavens and breaking through the clouds and then enveloping the recipient.

Use your traditional attunement method if in person to prepare them for the attunement. The rest of attunement is primarily done via visualization.

Via distance, imagine the person in front of you as you send the energy to the recipient.

There is no time-limit or limit on re-attunements. You can use the attunement as a healing for yourself and clients. The more light brought in, the better.

This energy can be freely shared with anyone, and it is also OK to charge for providing a personalized attunement if you offer attunements as part of your Reiki practice.

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LIGHT@ELEMENTENERGY.COM**

THANK YOU.

ADDITIONAL ATTUNEMENTS

**MORE REIKI ATTUNEMENTS AND SYSTEMS ARE AVAILABLE AT ELEMENT ENERGY CENTER,
AND IF YOU LIKED THIS ENERGY, PLEASE CONSIDER A SMALL DONATION:**

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THANK YOU!