

Tsukuyomi no mikoto

The Second Stage

By Shino Aotsuki

This document introduces the attunements that Tsukuyominomikoto has taught us. This is the second of the three documents that are intended to be published. In this document, two attunements are introduced to heal yourself and heal your stones.

These methods can be put to use by anyone without any explicit attunement process. But if you want to be more receptive to the energy of Tsukuyominomikoto, further attunement is available. Contact information is written at the bottom of this document.

The Healing of the Moon

Introduction: This method uses a moonstone to heal your own mental or psychological damage.

How it works:

1. It calms your mind and soul and brings you a peace of mind.
2. It might help you to release your negative pent-up memories or emotions that you wish to release but could not have succeeded so far.

How to apply:

1. Hold a moonstone in your left hand and be relaxed. And imagine a full moon is shining in your mind. You may be lying in your bed.
2. Imagine that moonlight comes from your head chakra and spreads throughout your body.
3. Feel the energy is healing you. Allow the moonlight to surround you and heal you as long as you think you need.
4. It will be finished when you think it is done. It will take you 10 minutes at least, 30 minutes at most approximately.
5. Please cleanse the stone with running water when you finished. Keep cleansing it until you think you have got rid of negative energy from the stone. It would take you approximately 1 minute at least, 5 minutes at most.

Notice:

* When you do this method, please choose a moonstone and keep using the stone. Never use any other moonstone for this purpose, because, in some cases, negative memories and thoughts that you can't discard by yourself will be transferred into the stone and be cleansed when the moonstone is cleansed with running water. If you don't have any other moonstone than the one you used in the First Stage method, please cleanse the moonstone carefully with running water and use it after bathing it under the moonlight at least once. When you do a method of the First Stage, never use the stone which has been used in this method. If you don't have any other choice than to use the same stone, you need to cleanse the moonstone with running water very carefully and use it after bathing it under the moonlight at least once. The full moon is the best phase for the stone in this method to be bathed under moonlight, but it is also available during the phase from the waxing first quarter moon to the full moon and from the full moon to the waning last quarter. Please do it in the moon night, not a cloudy or rainy night, because the light of the moon is essential to cleanse the stone in this method.

* Do not use the stone that you have been using as a prayer stone. If you use that stone, the prayer will be deleted and that will never be fulfilled.

* This method does not end until you finish cleansing the stone with running water. As it might be rust with water or broken during cleansing procedure, please never use an accessory (ring, necklace, pierces, ear-rings, etc) in this method. A rough stone (without host rock) and tumble (polished) stone is recommended because they are easy to handle even when you cleanse them. If you want to use a bracelet, please choose one made entirely of moonstone pieces.

* In this method, you need to have a genuine moonstone (orthoclase feldspar), not a peristerite nor labradolite (they are other kinds of feldspar). Any size is available. The quality doesn't matter so far as it is a natural moonstone.

* Please cleanse the stone just after the healing has been done. If you fall asleep while doing or just forget it, please cleanse the stone very carefully. Never leave the stone uncleansed for 24 hours. In case when you don't cleanse the stone for over 24 hours, you need to cleanse it much more carefully just after you notice it.

* The best color of the full moon you imagine in this method is white, but yellow or ivory color is also available.

* You can do this method when the moon is above the horizon at night until midnight. And please do this during the moon phase from the first quarter to the last quarter. The best time when you do this is the full moon night. Direct moonlight shower brings you better healing but it also works even when no moonlight is available.

* If you do this method lying on bed, imagine the moon is located in the same direction of the crown chakra.

* At the full moon night when you want to do "the ceremony of the moon" and "the healing of the moon" at the same time, please do "the ceremony of the moon" first, and then, on the next night, do "the healing of the moon". If you have to do them on the same night for some reason, please do "the ceremony of the moon" first, and then, at least after one hour, do "the healing of the moon".

* This method only heals your mental damages, but not others. If you want to heal others, please contact the founder and ask for further attunement. In that case, you need to have the first stage attunements before you have the attunement of this stage.

The Light of the Moon

Introduction: This method uses "kotodama" and a symbol to heal a stone that is energetically exhausted. It also gives refreshing energy to a healthy stone.

How it works:

* Refresh the stone and restore the power of the stone.

How to apply:

1. Start concentrating to the extent you can feel no stress or fatigue.
2. Say kotodama. It is a kind of affirmation that brings you power to follow the right path.
example: "Tsukuyomi no mikoto, please give your power to this stone through your bright moonlight." or "Moonlight gives power to this stone."
3. Use the symbols on the stone. Imagine that you draw a crescent moon and write three kanji words (chinese characters) representing "tsukuyomi no mikoto" shown right. Then say aloud "Tsukuyomi no mikoto" three times.
4. Hold your right hand over the stone and imagine moonlight is showering on the stone from your hand.
5. Upon the condition and the size of the stone depends how long it takes you to do. It will be OK to finish when you feel finished. It takes you 5 minutes at most.

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Notice:

* * Please refresh one stone at one time. Refreshing multiple stones at one time is not good because the power is not focused. When you have multiple stones to be refreshed, do this method to one after another consecutively. But a bracelet can be counted as one stone.

* Please do it at night. And it should be done during the moon phase from the first quarter to the day after the full moon. The best time to do it is during the three nights around the full moon night when the moon phase is from 14th to 16th day in synodic period. (15th day is the full moon day)

* It is not good to do this method in the waning phase of the moon. As a prayer stone, never use the one that you have refreshed in this method when the moon was in the waning phase.

* Please don't do this method to the stone that is holding your promise or prayer. Your promise or prayer may be deleted if you do that.

* This method works not only for power stones but also gem stones and rare metals. How much it works depends on the nature of the material.

* It doesn't make any difference whether you hold the stone in your right hand or put it on the floor or on the desk. Choose the way you think is the best.

* You can improve your "kotodama" as you like. But make sure you never use any negative or egoistic word in your kotodama by any means.

* It is enough to do this once in a month. It is up to you to decide if additional healing is needed.

* When you try to do this method consecutively on multiple stones, please take a break whenever you feel you need it. Because this method demands your concentration, you might feel exhausted if you are not fully accustomed to this method. Please keep your pace and enjoy it.

Further attunement

If you are interested in further attunement of Tsukuyominomikoto, please read the article below about the detailed description and the procedure to receive the attunement. Remember this attunement enables you to have better connection with him, but does not entitle you to give the connection to others.

<http://bluemoon.livedoor.biz/archives/51071289.html>

These attunements are channeled by Shino Aotsuki. They do not have any specific background philosophical or religious.

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The original document, written in Japanese, is available at
http://www.camphortree.jp/jp/documents/Tsukuyomi_no_mikoto_2nd_rev100.pdf